



INDIGO
CULTURAL CENTER

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Infant & Early Childhood Mental Health Consultation

Thought Leaders | Evaluation Partners | Workforce Support

Through our research and workforce support activities we are responsive to the arising needs and issues in the national and regional IECMHC ecosystem.

Over the past 15 years, Indigo Cultural Center and Dr. Eva Marie Shivers have emerged as national thought leaders of **Infant and Early Childhood Mental Health Consultation (IECMHC)** as a result of:

- Numerous evaluations and research studies;
- Training and keynotes throughout the country;
- Organizational technical assistance;
- Policy consultation; and
- Advocacy efforts.

Our research and workforce support efforts are interconnected by a strong commitment to social justice. Please explore and celebrate our highlighted national and regional partnerships below.

Partner With Us!

Indigo Launches National Study: Current Trends in IECMHC

As sociopolitical pressures, stress, and burnout continue to rise, mental health consultants have shared that they are holding a heightened level of ...

[Read more](#)

State, Regional IECMHC Evaluation & Research

Indigo's Institute for Child Development Research and Social Change Division has worked alongside systems nationally, regionally, and organizationally as thought partners, consultants, and researchers. The below graphic highlights the Institute's IECMHC Evaluation & Research work with cities, counties, and states.



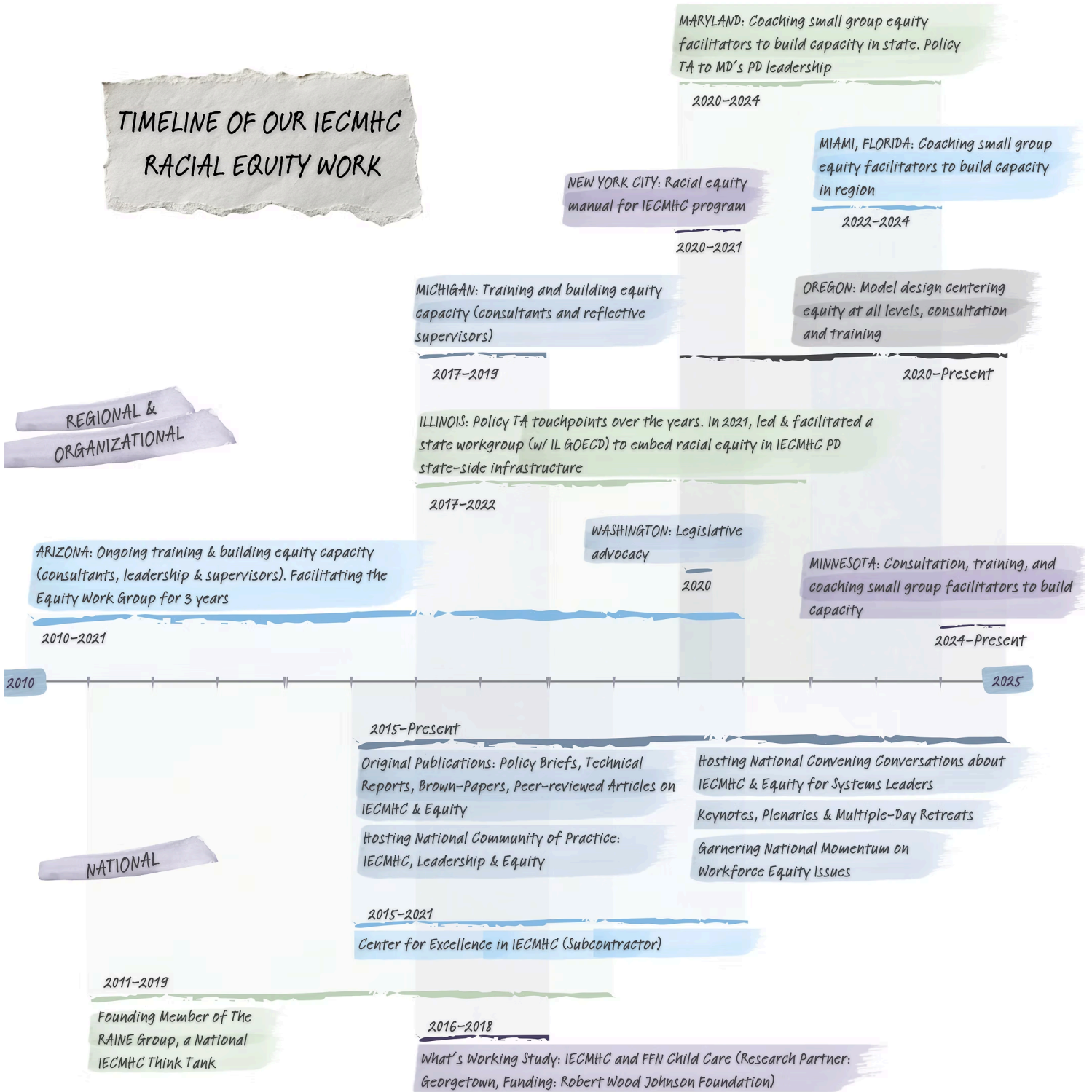
[View the Latest IECMHC Reports](#)

IECMHC Equity Work

Over the past 17 years, we have organically grown into the Healing Justice Movement. What this means is that we approach our racial equity work in IECMH by reimagining wholeness at the intersection of intergenerational trauma, current structures of oppression, and a generative and co-created future.

Our Racial Equity Training and Consultation work includes providing leadership and organizational equity support to many IECMH initiatives and programs around the country. This support has taken the form of facilitating ongoing reflecting learning groups with organizations; 1:1 leadership reflective support; and delivering keynotes, plenaries, and facilitating retreats.

TIMELINE OF OUR IECMHC RACIAL EQUITY WORK



We Need Your Support Today!

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